

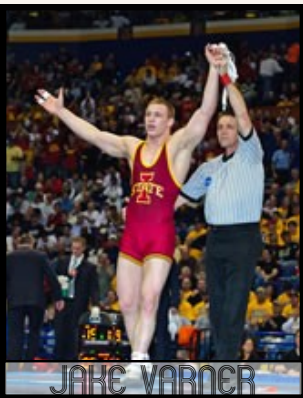
LEE KEMP

PRE-SEASON CAMP

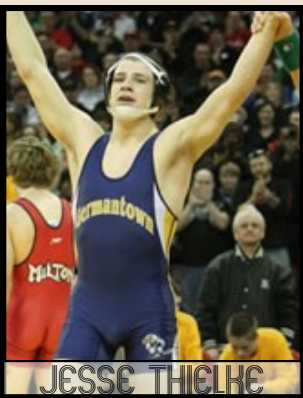
NOVEMBER 11 & 12



LEE KEMP
 2008 U.S. Freestyle Olympic Coach
 U.S.A Olympian
 3 x World Champion
 7 x U.S. National Champion
 3 x NCAA Champion (*UW-Madison*)



JAKE VARNER
 2 x NCAA Champion (*Iowa State*)
 2 x U.S. World Team Member
 2011 World Freestyle Bronze Medalist



JESSE THIELKE
 4 x Wisconsin State Champion
 3 x Junior World Team Member



230 W Evergreen Parkway
 Elkhorn, WI 53121
www.SouthernLakesWrestlingCenter.com

Located 1 hour from Madison
1 hour from Milwaukee
1 hour from Rockford

www.SouthernLakesWrestlingCenter.com



Hotel Accomodations

Call the Hampton Inn in Elkhorn to reserve a room. Call 262-743-2360. Mention Elkhorn Wrestling Club to receive the rate of \$89/night.

COST

\$150/\$125 for 2010-2011 Ringer Members. 3 Sessions / 9 hours of instruction & training. Saturday lunch provided. Housing for out of town campers is available at no extra charge.

AGES

All ages kids through high school.

HOUSING

Elkhorn Wrestling Club members will be hosts for those needing housing.

BRING

Workout gear, towel, sleeping bag, laundry bag

SCHEDULE

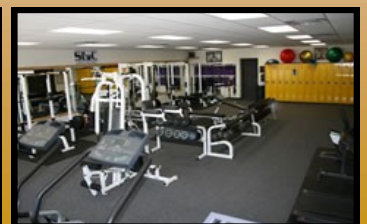
Friday

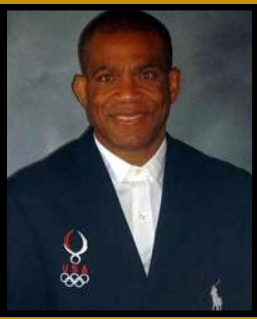
Check-In: 5:00 - 5:45 PM
 Session: 6:00 - 9:00 PM

Saturday

Check-In: 8:00 - 8:45 AM
 Session: 9:00 - Noon
 Lunch: Noon - 1 PM
 Session: 1 - 3 PM

Applications and directions can be found on www.SouthernLakesWrestlingCenter.com. If you have other questions, contact us at 414-248-7407 or email lkamps@southernlakeswrestlingcenter.com.





LEE KEMP

PRE-SEASON CAMP APPLICATION

Please check boxes below.

ALL SESSIONS

\$150 / \$125 (2010-2011 Ringer Member)

Includes Camp T-shirt

INDIVIDUAL SESSIONS

\$60 / \$50

FRIDAY SAT. MORNING SAT. AFTERNOON

HOUSING REQUIREMENTS

(check one)

I want SLWC to provide my housing
(for out of town campers)

I will make my own housing arrangements

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ Wrestler's Email: _____

Age: _____ Weight: _____

School / Club: _____

Parent's Email: _____

Coach: _____ Coach's Phone: (____) _____

Coach's Email: _____

Did you attend Ringer's during the 2010/2011 season? Yes No

Please charge my credit card in the amount of: \$ _____ Visa MC

Credit Card #: _____

Expiration Date: ____/____ V-Code: _____

Applications submitted via credit card will be charged in full.

Signature below is authorization for use of credit card.

Check #: _____ Cash

Parent's Signature _____

Date _____

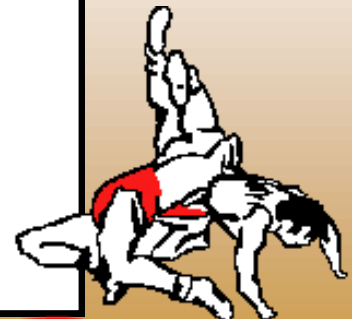
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Lunch: Noon - 1 PM
Session: 1 - 3 PM



Ringers

PLEASE SEND WITH PAYMENT IN FULL TO
Southern Lakes Wrestling Center
P.O. Box 984
Elkhorn, WI 53121